

Gerson Therapy: Scientific Evidence Resources

Gerson Therapy MedPack: Scientific articles relevant to the Gerson Therapy from various sources. Includes all of Dr. Gerson's English language articles, transcript of Senate hearing, July 1946. www.gerson.org/store

Doctor Yourself website: <http://www.doctoryourself.com/mgerson.html>

Healing the Hopeless, Dr. Max Gerson biography by Howard Straus: www.gerson.org/store

"Lifestyle Changes and the 'Spontaneous' Regression of Cancer: An Initial Computer Analysis," paper by Harold D. Foster. International Journal of Biosocial Research, vol. 10, no. 1, 1988, pp. 17-33, reprinted in Healing Newsletter, vol. 5, no. 3, 1989, available from the Gerson Institute.

History of the Gerson Therapy by Patricia Spain Ward, 2004: <http://www.medicalnewstoday.com/articles/10906.php>

"Dietary Regime to be Used in Oncological Postoperative Care", by Peter Lechner, translated from the German as presented at Graz, Austria, June 21-23, 1984.

Pathology of structured water and associated cations in cells (the tissue damage syndrome) and its medical treatment. Physiol Chem Phys 1977;9(6):547-553 F.W. Cope.

A medical application of the Ling Association-Induction Hypothesis: the high potassium, low sodium diet of the Gerson cancer therapy. Physiol Chem Phys 1978;10(5):465-468 F.W. Cope.

Mitochondrial disease in man: report of a probable case with successful therapy. Physiol Chem Phys 1981;13:275 F.W. Cope.

Cancer, a problem of metabolism. (Krebskrankheit, ein problem des Stoffwechsels) Med Klin 1954-06-25;49(26):1028-1032 Max Gerson, M.D.

How the Gerson Therapy Heals. Healing Newsletter 1990 Vol. 6 (3&4)

The JAMA Critique of the Gerson Program & the Reply JAMA refused to publish. Townsend Letter for Doctors. May 1994, Dr. Peter Lechner and Gar Hildebrand.

Five-Year Survival Rates of Melanoma Patients Treated by Diet Therapy after the Manner of Gerson: A Retrospective Review. Alternative Therapies September 1995 Vol. 1 # 4 Gar and Christine Hildenbrand, Karen Bradford and Shirley W. Cavin. Available through our online store www.gerson.org/store

Liver Detoxification with Coffee Enemas as Employed in the Gerson Therapy. Townsend Letter for Doctors, July 2001 Morton Walker, DPM.